

## Three Stars of the Week

**Audrey Kingdom, senior**



Kingdom stood out as a leader during the girls varsity field hockey tournament in St. Louis, MO. Kingdom is currently committed to play at the University of Colorado-Boulder.

**Colin Casas, senior**



Casas had two sacks in a 29-14 win over Maine East that put the Trevians at 3-0 this season. The second of Casas's sacks was a safety, which put the Trevs up 7-5 in the first half.

**Nicole Beto, senior**



Beto led the Trevs to a first place finish in the Summer End's Tournament defeating Loyola in the finals. Beto had a 42.8% kill efficiency with a total of 28 kills. She also had four solo and 10 assist blocks in the tournament.

# Girls field hockey falls short in St. Louis

After a shutout in the first two games, Trevs go 1-2 overall

By Rachel Melancon

Girl's varsity field hockey traveled to Saint Louis, MO for a tough start to their season, not winning until the final game of the three game tournament.

The first game played ended in a score of 2-0. "The Trevians didn't do the best [at the tournament] this year but each game we played got a lot better and we became more of a team," senior Amanda David said.

"We play in the St. Louis tournament because we're invited," senior Sheri Kuzatsky said, "It's a chance for us to play teams we know nothing about so it's more focused on how to improve our game than [how to] take down another team."

The team rode down in a coach bus, the ride lasting roughly five hours.

"All the teams were well balanced based on what you saw," girls varsity field hockey head coach Stephanie Nykaza said. "New Trier is just as skilled but you can lose when you are not focused and intense."

The team was also outplayed in the second game, ending with a score of 1-0.

"They are a great, very skilled, athletic group but if they are not ready to win then they will not," Nykaza said, "Their goal is to stay consistent and stay focused."

Trevians won the third game 1-0. They put up a good fight against Edwardsville due to the fact that they were tired of losing, Nykaza said.

In past years the field hockey



The girls varsity field hockey team is made up of one sophomore, thirteen juniors, and eleven seniors | Facebook

team finished with a winning record, beating most teams at the St. Louis tournament. Last year, they were the IHSA state champions, winning their 11th state championship. But with each new season comes a new team.

According to Nykaza, the turning point of their last game came from the desire to win.

"They know they're better and they started to realize that during the third game," Nykaza said. "They made the necessary changes and walked onto the field ready to play."

"The forwards and midfielders worked hard recovering because our defense was challenged a lot last weekend," David said. Each game was played in 100 degree weather, adding an extra obstacle to the game.

The senior players were imperative to the team's final win. They became more vocal during the

game, calling out balls and cheering on fellow teammates. Their hustle for the ball also improved throughout the game.

"The biggest play was our goal [in the third game]," Kuzatsky said. "It showed that what Coach Nykaza had told us to work on paid off in the end. We changed our game for the better."

The team plans to continue improving their skills. They held an all team dinner during the tournament to improve team bonds. The long bus ride also provided the team with time to get to know one another.

"Everyone has the same goal to win and we're constantly cheering and rooting for one another," Kuzatsky said. "Knowing teammates are there to support you can make you want to push yourself harder."

Nykaza said the field hockey

team learned what they must do in order to get better, setting goals to complete each week. They do not form a new goal until their previous one is fulfilled.

"The team has so many skilled athletic girls," David said. "We need to work on making sure we are all communicating and connecting on the field together. All of our practices must be focused with high intensity."

According to David, this weekend was not only a great time to gain more experience by playing other teams, but the girls were able to connect more. Because the team is young, they must learn to support one another.

"The most successful teams are the ones most emotionally connected. They play hard the entire game and support each other," Nykaza said.

# Senior Spencer Farina commits to Notre Dame

Farina to play soccer alongside his brother and the Fighting Irish

By Adam Sheffield

After two years of being apart, the Farina brothers will reunite as Spencer announced he will join his brother and play soccer at Notre Dame.

"I am very excited to play with Jeffery," said Spencer Farina. "Believe it or not, in the time we've both been playing soccer, we have only ever played on the same team for one relatively unimportant indoor tournament last winter. I look forward to the opportunity of finally being able to play with him on a consistent basis."

Farina played New Trier soccer his freshman year. He made the jump to varsity his sophomore year and stayed on for his junior year. This year, however, Farina will be playing for the Chicago Magic PSG on the Under 18 Academy club.

"I loved my time playing soccer at New Trier; however, the coaches I talked to (not just at Notre Dame) told me if I wanted to play collegiate soccer at a high level, I would need to join an academy club," Farina explained.

Notre Dame is coming off an 11-5-3 season and an NCAA Tournament berth. Farina's brother, Jeffrey, is coming off a freshman season in



Spencer Farina, number 9, is currently playing for Chicago Magic PSG in preparation for Notre Dame | Facebook

which he scored two goals and had seven assists. He was also named to the ACC All-Freshman Team and the All-ACC Academic Team. According to Farina, he also has big goals both on the field and in the classroom.

"I think the thing that separates Notre Dame from the other schools I looked at was their combination of great academics and a great soccer program. Having both was really important to me," he said.

Farina plays the same position as his brother (Forward), so he will have to earn his stripes as a freshman.

"I think the most difficult part of the transition will be dealing with less playing time than I am used to. Very rarely at a school like Notre Dame do

freshmen get to play a lot of minutes, and with my brother there playing the same position and style, I will have to work very hard to earn my spot on the field," said Farina.

Notre Dame has been having a lot of success as of late on the soccer pitch. They were ranked number one in the nation last year going into the NCAA Tournament. They made it to the round of 16 before losing to Virginia.

"I have had an opportunity to watch Notre Dame play a lot over the last couple of years and I do feel that they play in a manner that fits my style," said Farina. "I like to try to hold the ball up to allow faster players to make their runs up the

side, at which point I feed them the ball. At Notre Dame, they play a style that allows a player such as myself to succeed."

With Farina's leadership, New Trier won 21 games last year. Farina tallied eight goals and fifteen assists. Now that Farina is leaving, this year's team is very young. There are seven underclassmen (six sophomores and one freshman) on the team.

New Trier returns only five players from last year's team, including Louis Shaw, Daniel Ladik, Jacob Moskowitz, Matt Gallo, and this year's team captain, Michael Gallo. Newcomers Ameen Salako and Logan Weaver will also be key.