Upcoming Varsity Games

Friday, October 13

Boys Golf

@ Bloomington

Girls Golf

@ Hickory Point

Girls Tennis

@ TBD

Girls Diving

(a) Glenbrook South

Boys Football

@ Northfield Campus

Saturday, October 14

Boys Rowing

@ ROWtoberfest

Girls Rowing

@ ROWtoberfest

Boys Cross Country

@ Vernon Hills

Girls Cross Country

@ Vernon Hills

Girls Diving

@ Evanston

Boys Soccer

@ Northfield Campus

Boys soccer getting ready for playoffs

Trevians vying for first state title in nine seasons after strong regular season showing

By David Heiman

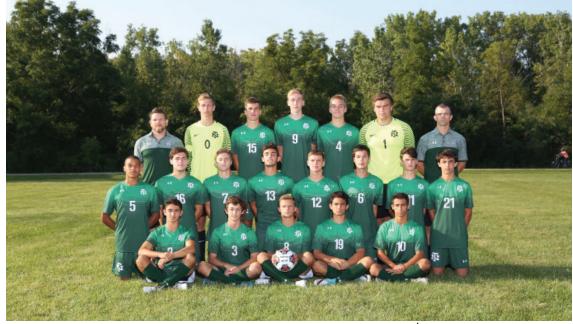
Last Friday, the New Trier boys varsity soccer team played Stevenson, winning by a score of 6-1. The game never finished though since after 60 minutes the game was called because it was too dark to continue playing.

"There was some miscommunication with the coaches because the Stevenson administration sent us to the wrong field." After the team got to the field they, "didn't have much time to warm up. It was hard to get going because we played on a small grass field. That didn't stop us from winning though," said senior Alex Donnelly-Maine.

This match against Stevenson is the second to last game of the regular season. The last was against St. Ignatius on Oct. 10 at the Northfield stadium.

With the playoffs starting on October 17, New Trier will face the winner of the Notre Dame v. Schruz game to vie for the regional semi-final. New Trier could then play GBS in the regional final.

"I think we have the talent to win this year. We've proven we can compete and defeat some of the top teams in the state. We want another



Boys varsity soccer team getting ready for the playoffs after a strong regular season | New Trier Website

state title. It's been 9 years too long" said Donnelly-Maine.

Senior Captain Will Felito said "The team has proven that they are capable of getting results against strong opponents such as Waukegan, Glenbrook North, and Evanston. If we continue to stay true to our tactical identity on the field, we will be able to have success in the playoffs."

Earlier in the season, New Trier beat Evanston for the first time in a handful of years. "Beating Evanston was surreal," said senior Alex Boudos. "In my previous three years playing freshman A, sophomore, and JV, I had only beaten them once and to do it again when it really mattered meant a lot

to me."

Senior Ryan Krueger said "The hydrant had been in their hands for too long and it's great to get it back. We've received so much love from alumni and everyone related to the program. That game was more then just a game."

Krueger leads the team with 16 goals.

"His ability to find the back of the net is unlike anyone else's that I've ever played with. He's super quick and is able to beat guys in one on one more times than not," Felito said.

While the team does have 11 seniors, it's really the chemistry that makes it so unique.

"This team is so special because we have all played with each other for so long. Our chemistry is so good because most of us have played together since we were all in grade school. We are all great friends and we describe this squad as a brotherhood," said Donnelly-Maine.

Felito said the team has shown commitment throughout the year. We have very high standards for ourselves and have set many goals for ourselves."

As the state finals get closer and closer, the team hopes that they can pull through and win. Doing so sets up a strong foundation for the future. Boudos finished off by saying, "This state championship would mean everything for me, to end my career like this, its truly a special ending."

Sailing faces headwinds at the regatta

Sailing team finishes in 4th place at Keelboat Qualifier

By Alyssa Pak

On Oct. 7, New Trier sailing competed in the Keelboat Qualifier, a regatta postponed for four hours due to heavy winds.

Although it was admittedly not one of their strongest finishes, they came home with a fourth place finish of the seven other competitors, including Evanston, University, Minnetonka, Traverse City, Hinsdale Central, Fall River, and Stillwater High Schools.

Last weekend's regatta was one of many qualifiers, where the winner from each region of the United States advances to the national keelboat invite taking place later this year in Florida.

During this regatta, sailors competed in Sonars, which are 23 foot long keelboats, and sailed by four people. "They're a lot of fun in lighter winds," said sophomore Dylan Hardt.

Hardt mentioned one of the problems the sailors had were their starts. "We came too late to the starting line, and it set us back from the beginning," said Hardt.

Senior Ben Spring, who has been sailing his whole life, noted that the heavy winds that day were challenging for the lightweight crew.

Hardt agreed, saying that due to the heavy wind, they weren't



Izzy Cox (Left) and Lolly Vasillion (Right) sailing in a regatta | Vasillion

allowed to use their spinnakers.

Back at home, the team practices at the Chicago Yacht Club, where they spend an hour and a half, practicing drills and races on the water Tuesdays through Fridays.

We came too late to the starting line, and it set us back from the beginning

"On Fridays, instead of doing drills, we have 'fleet race Fridays' and we run a short regatta with the other high school sailors from Chicago Yacht Club to practice our racing skills," explained junior Izzy Cox.

Another important aspect of their practices is their brief and debrief, according to junior Nathan Whisner

"In sailing, these lectures are critical to understanding strategy and tactics on the race course," he said. Then, after practicing all week, sailors will usually attend a two day regatta on the weekend.

Boats are sailed with two people, a crew and a skipper. Crews sit in the front of the boat and control the front sail, which is called a jib, as well as the tilt of the boat, which is known as the heel.

Similar to a coxswain in rowing, the crew is always

updating the skipper on the wind and what the other boats on the racecourse are doing.

The skipper's job is to drive the boat with the rudder, control the main sail, and help the crew control the heel, especially when the wind is either very light or very heavy.

Cox stressed the importance of teamwork in sailing. "Good sailors work well with others and trust the other person in the boat. They are able to make informed, quick decision and adjust to changing conditions."

Cox also mentioned that sailing can be physically demanding, and so it is important that sailors are fit.

There is an element to sailing that all sailors find particularly captivating. Many noted that they really enjoy the sport because of the varying weather conditions. Also, the different kinds of boats that make competing so unpredictable and challenging.

"With the various sea states and weather come entirely new strategies and tactics to fit those conditions. I think that it is really cool to be so deeply ingrained in nature," said Whisner, who learned how to sail from his dad when he was a child.

He explained that a good sailor has a deep understanding of the weather around them, and how that affects their boat. "They need the ability to make quick decisions and communicate effectively with the crew and have an advanced sense of strategy to guide them around the race course."