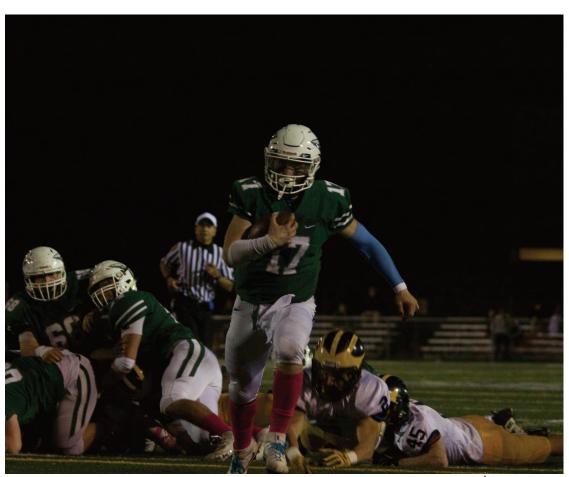
Football clinches conference at NT Homecoming game



Quarterback Clay Cyzyzinski breaks free for a run against Glenbrook South in their win Oct. 7.

After the monumental win against Maine South Oct. 7, the Trevians carried that excitement on to Glenbrook South for the Homecoming game last Friday. The most attended game of the year started with a bang as senior Max Rosenthal received a 75 yard touchdown throw from QB Clay Czyzynski. However, GBS came back quick to gain the lead at 14-13 early into the 2nd quarter.

This high scoring game was an intense battle with Cyzyznski running for a 50 yard touchdown soon after halftime, after the cheer team, dance team, and varsity boy's basketball team all performed.

New Trier ended up winning its final home game by the score 38-28. With the win, the Trevians clinched the Central Suburban League South Championship and will move onto the playoffs, where expectations are

Since Coach Brian Doll's revamp of the team, the Trevians have excelled with their best year coming to a close at the state quarter final round in 2014. However, after their first conference championship of the Doll era and their stunning win against Maine South, one can only image what the Trevs have in store for the postseason.

New Trier crew team travels to Rockford

teams in the country

by Lindsey Burns

New Trier Rowing medaled in 7 events at The Head of the Rock Regatta in Rockford, IL on Sunday

New Trier finished with six 1st place, six 2nd place, one 3rd place and four 4th place medals, and was also awarded Club Points Winner, a irst ever for our program.

Director of Rowing, Rose Marchuk said, "All New Trier crews owed extremely fast at the Head of he Rock. To be awarded the Club Points Winner for the entire regatta peaks to the competitive spirit and conditioning of the crews and the ireless dedication of their coaches.'

Varsity Boys Coach Nate Kelp-Lenane was pleased with his crew's

"It was great to see the boys show their speed on the water today. They were able to capture 1st in all he 8's events we entered. With the ail winds we were able to post record imes in the 8's categories. Given the number of competitors at this regatta t was a solid showing of our top speed and depth. I was exceptionally appy how all crews managed their ime and operated very smoothly hroughout the races.'

heir coach proud, "This was a first eal test of the season for our Novice Boys team, and they couldn't have done it better," Novice Coach Josip Stolar. "Our Novice 8+ came in 1st out of 15 crews in their event leaving Milwaukee and St. Louis behind in

close 2nd and 3rd place. Our boys rowed strong and controlled the race from the start to the finish.

> The Head of the Rock is the fifth largest head race in North America. Approximately 2000 athletes in over 600 boats from 51 teams made their way to Rockford, IL for the event.

Rowers from beginner and clublevel teams to high school teams and Division I, II and III colleges. gathered together with over 5000 spectators to showcase the sport of rowing along the beautiful Rock

Varsity Girls Coach Rose Marchuk highlighted just how competitive it was, "A close 2nd place finish for the Varsity girls in both the 4s and 8s races don't tell the entire story. The morning V4+ race was just 2.8 seconds behind 1st place St. Louis Rowing Club and 21.5 seconds ahead of the 3rd place crew; the afternoon V8+ race was just 1.6 seconds behind 1st place Chicago Rowing Foundation and 11.8 seconds ahead of the 3rd place crew," she

"It really was a race amongst the top two crews battling against the clock in some very fast conditions, Marchuk said. "Had New Trier rowed a couple stronger, sharper strokes, they could have won these races The valuable experience gained will be put to the test at the Head of the Charles, the regatta that culminates the varsity season in a couple weeks.

Next up for crew is The Head of The novice boys team also made the Charles Regatta on October 22. 23. New Trier will join the world's best crews as they gather on the banks of the Charles River for the ultimate rowing competition.

Boys and girls golf place 2nd and 5th at IHSA State

Golf credits success in state competition to a team effort

by Emily Wong

Oct. 14 and 15, Girls Golf took 5th place at state with an all-time low score of 619, while Boys Golf took 2nd with a score of 618.

These results were pretty consistent with both of the teams' performances in past years.

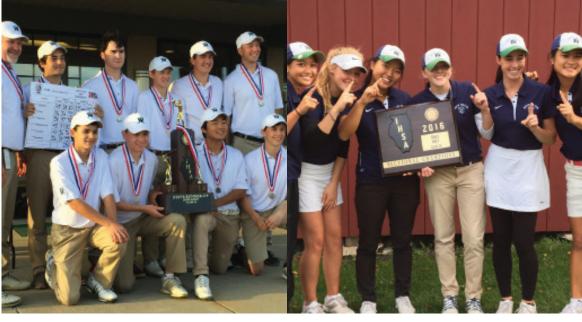
"Year after year we place in the top five at state," said senior girls captain Eva Kirie. "It shows that New Trier is consistently a force to be reckoned with."

As for the boys team, this was the fourth year that the team took second at the competition.

However, the teams' results varied in the earlier competitions. The girls team placed first at both regionals and at sectionals, while the boys team placed third at both.

Eric Duffett, assistant coach of the boys team, said that their shaky performance in the earlier matches contributed to the excitement of the overall results.

"We were second at conference for the first time in a really long time. We didn't know for sure that we'd even make it to state," he said. "To beat teams that had previously beaten us, and to peak at the right time was



New Trier boys and girls golf teams celebrate their top five finishes at the state tournament | New Trier Athletics

probably the biggest highlight."

Kirie attributed the girls success to the team's focus. "We found it within ourselves to concentrate on our goal," she said. "The improvement from all the returning varsity and new varsity players was drastic."

Girls captain, senior Taylor Connelly, talked about the team's season-long focus on the state competition. "State is usually a thought in everyone's mind throughout the season and serves as a reminder to always work your hardest at practice, to make it all

worth it when it finally rolls around,"

Boys head coach Pete Drevline explained a similar focus for the boys team. "The ultimate goal is to get down to state and get a trophy, and that's what they did," he said.

Drevline also talked about a strong focus on teamwork. "I know we play an individual sport, but we try to focus on team scores at that time," he said.

The team results confirmed the importance of their strategy. "We didn't have a single player qualify for all-state," said Duffett. "To finish second as a team and not have one individual that was all-state means that everybody on the team contributed "

The girls team did have an allstate qualifying player this year, with sophomore Penelope Tir placing 4th in the competition. Still, they didn't discount the importance of the team

"In the end, golf is a team sport," said Kirie. "As much as it seems like an individual sport, the team's total score is what counts."

Kirie said preparation was crucial leading up to state. "As a group, we were averaging two or three tournaments per week with practice sessions on the off days," she

The team tried to devote as much time as possible to practicing. "Many of us even practiced on the weekends so we could be as sharp as possible and continuously be prepared for the tournaments," said Kirie.

Duffett mentioned a similar idea for the boys team. "We try to have them compete as much as possible so that when the pressure's on, they feel used to it," he said.

They also had some more specific strategies in practice. "We focused primarily on our short game because the majority of strokes are taken on or around the green."

The boys group also had their own approach. Duffett said, "We try to set up challenges where the players will get frustrated and have to learn to deal with being frustrated in tough conditions."

Although they had varying experiences throughout the season, both of the teams were very proud of their final efforts.

Kirie said, "Throughout the season we reminded ourselves of the importance of being an athlete of New Trier, and this season we lived up to the exceptional standards of being a Trevian."