

# Lacrosse celebrates seniors with big win over York

The Trevs pulled through with big win over York on senior night

by Mimi Cassato

Monday May 8, the varsity girls lacrosse team's game against York filled the stadium with crying parents and players for this year's senior night.

The team had a successful night, winning 16-4 while also celebrating their graduating class.

The night began with the seven senior players, accompanied by their parents, walking under a tunnel of their teammates' sticks. A speaker announced their name and where they will be attending school next year.

Once the game started, York started strong, scoring three goals in the first six minutes and sending Senior Isabelle Sennett to the hospital for eight stitches after a check to the head. The Trevians got their act together in the 2nd half and ended Senior night with a well fought victory with cookies and cupcakes to celebrate.

Senior defender, Emma Tomlinson who will be playing next year for Tufts University, said, "it was definitely a little emotional walking



The Varsity team poses after the special senior night ceremony, before their win over York high school | Kaskey

down the tunnel of underclassmen with my parents."

The walkway to the stands was decorated with pictures of the seniors together as well as individual fat heads of each of them.

The whole night was put together by underclassmen and their parents as an NTGLAX tradition, which did not go unnoticed by the Seniors.

"It was amazing to see what the underclassmen put together for us and planned to make the night so special. Love those girls," Senior

attacker, Bridget McConnell said.

Yet Senior night did not end there. Junior goalie Sabrina Rice describes how the seniors were given personalized t-shirts and individual bags filled with their favorite candy, headbands, and other fun knick-knacks. "Everyone contributed; the parents took care of the logistics, but the underclassmen came up with the shirts and bought all the stuff for goodie bags."

While the Seniors were overwhelmed with appreciation. Their team continued to give

them throughout the night, they remembered how just last year they were all putting together the same event.

Senior defender, Julia Gottreich described how the teams traditions, such as Senior night, contributed to her excitement for being a NTGLAX upperclassman.

McConnell agrees with Gottreich, "I really looked up to the seniors last year, so I was excited to be in that position for the younger girls."

However, this year's juniors

expressed their excitement to be upperclassmen with a little more hesitation.

Both Rice and junior defender Elise McKenna described their nervousness in filling the seniors' shoes next year. Rice explains, "there is a lot of pressure like setting a good example for the underclassman and also leading the team."

McKenna justifies her hesitations for next year, "I'm going to miss my seniors so much and not playing with them will be super weird".

Yet the juniors still know there is a lot in store for them next year with NTGLAX tradition.

While the seniors head off to college next year, they all agreed on NTGLAX being one of the best parts of their high school experience and how much they will miss the team.

"I have made amazing relationships on the team that I will cherish for a very long time," McConnell said.

Congratulations to: China Trerotola, University of Dayton, Isabelle Sennett playing lacrosse at Amherst College, Julia Gottreich playing field hockey at Bowdoin College, Bridget McConnell, Michigan State University, Katherine Gjertson playing lacrosse at Stanford University, Emma Tomlinson playing lacrosse at Tufts University, and Kyra Lamotte playing lacrosse at Furman University.

# Student athletes leave early to start preseason training

Summer cut short for athletes to promote team building and start training

by Maggie Curry

With many athletes from the senior class of 2017 playing sports in college, the fall athletes will be leaving for college early to train and practice with their team over the summer.

Leaving early for college can be nerve wracking for many athletes, especially if they are the first of their friends to leave and if they are anxious about handling both academics and athletics during this life change.

Rising college sophomore and volleyball player at Harvard University and New Trier Alum, Isabelle Tashima, said, "While it was tough being one of the first of my friends to leave, it allowed me to have a smoother transition into college because there were only a few other teams on campus during preseason, so I was able to get acquainted with the campus and dorm life before the rest of the student body arrived."

Rising college senior and football player at Dayton University and New Trier Alum, Michael Sernus, agreed with Tashima

"By the time all the other students arrived, I had already established a solid friend group, moved in easily, and gotten a good understanding of where everything is on campus."

Current NT senior Avery Schuldt is leaving Aug. 11 for soccer training at Dartmouth University, but classes won't start for her until Sept. 11. She will be able to move in more easily, like Sernus and Tashima did.

She said, "I will be staying in the dorm I am assigned to the whole



New Trier committed athletes pose for picture in trevian commons | New Trier

year. So I will get there before my roommate and everyone in the dorm. I'll basically have the whole dorm building to myself."

Senior Caroline Ross will be playing field hockey at Johns Hopkins in the fall. Ross will leave to move into her dorm on Aug. 17 for preseason. Unlike Schuldt, Ross will be staying in an athletic dorm for all the athletes during her freshman year.

"I'm excited to be leaving early because it will be fun to connect with the team before everyone else gets to school, and there will also be other athletes that come early so it will be cool to get to know them as well," said Ross.

However, moving to these schools early doesn't take away the stress for the normal move-in most students anticipate.

Many athletes get to move in with a smaller population of students than they will be living with for the entirety of the year, but it is still the college experience, being tossed into a foreign environment.

"Freshman year, it was kinda tough because I was still meeting a ton of new guys on the football team and everything, but once camp was over, I pretty much was friends with the same guys I am now," Sernus said.

Tashima also reviewed her training positively, saying, "I definitely don't think I missed out on any part of a 'stereotypical college experience' by being an athlete in college. Being a member of the volleyball team at Harvard was a huge reason why my freshman year was so outstanding."

Rising senior at University of Virginia and New Trier Alum, Haley Fauntleroy also left early for training her freshman year of college. Fauntleroy left for UVA just after Fourth of July, and stayed until her winter break.

Fauntleroy said, "I was not happy to leave early but I think it was a super positive experience looking back. I was able to become close with my team, know the campus, and learn what it was like to be an UVA student before everyone else."

Fauntleroy had also been able to receive six credits while at UVA her summer before Freshman year, helping her transition more smoothly into both a student and athlete in a smaller population.

By the time all the other students were moving, Fauntleroy said, "I had made friends, knew where my classes were, and had a lay of the land that first week of classes when everyone else was freaking out."

# Elite military schools accept NT athletes

Varsity athletes take unique path, bring talents to military academies

by Robert Pettas



West Point Academy logo | West Point

For many New Trier students the college process can be daunting. It is a decision that directly affects your life for the next four years.

For athletes, that is a whole new added layer to think about. Who has the best facilities, what's the better coaching staff, how are the teammates, etc.

On top of all that, military academies add another level of commitment than a typical four year college.

The number and magnitude of responsibility is heightened as well. Each day is filled with academics, military training, and athletics.

For Senior Clay Czynski, this order and responsibility is something that appealed to him. "[West Point] was one of my dream schools, and football gave me an opportunity to attend such a highly esteemed institution."

Although, Czynski should be no stranger to order and responsibility given the nature of his position in football, quarterback. Two attributes that could separate a mediocre and great quarterback.

While there are many different things to handle when attending a military academy, there are programs to help athletes with academics.

West Point has tutoring programs, athletic academic support coordinators, and scheduling supervisors. Also, for many athletes, military training can take place during weekends in the offseason.

Senior Griff Perry, also attending West Point, is hoping to walk onto the Black Knights' tennis team in the fall. Perry said his interest in attending a service academy started around his sophomore year, and even visited the summer before senior year where he learned all he needed to know about the school and its curriculum.

He described the application as "a very, very, long process" that not only includes his academic record and recommendations, but "there were multiple fitness tests, and medical tests... that take time. When I found out I was accepted I was overjoyed and glad that all my efforts and hard work paid off."

Although, there is some hard work still to be done before school starts at West Point in the fall. "My only concern now," said Perry, "is trying to get into the best shape possible before reporting July 3rd. There's a 6-8 week training period for new cadets that is very physically intense."

While attending a military academy is a major commitment, both Czynski and Perry said that family and friends have been supportive with their decisions, and they are excited to get on campus.