

Upcoming
Varsity Games

Friday Feb. 3

Boys Swimming
@ Maine South

Girls Basketball
@ Evanston

Saturday, Feb. 4

Wrestling IHSA
Regional @ TBA

Girls Bowling
IHSA Regional
@ Hoffman Estates

Girls Basketball vs.
Hinsdale Central

Fencing @ Culver
Academy

Boys Track
Intrasquad
@ Winnetka

Monday, Feb. 6

Gymnastics IHSA
Sectional @
Stevenson

Girls basketball outplays Conant

Hard work pays off in difficult game against Conant

by *Jessa Snower*

The Girls Basketball varsity team beat Conant with a 54-34 victory on Saturday Jan. 28.

The team has had a successful season so far and has continued working on their game.

Before the game Senior Katy Symanietz said, "In order to succeed I think we will need to stay focused and keep trying really hard to play to the best of our abilities for all 4 quarters and give 110% throughout the game."

The team was able to accomplish that against Conant. Assistant Coach Eric Duffett said "We talked at half time about not letting their defensive pressure put us back on our heels. I think our change in mindset and willingness to attack the basket was huge for us. Once we started playing with aggressiveness and confidence we were able to get great shots on offense. We attacked the basket, got to the free throw line and got wide open 3 pointers for our best players. It was really fun to watch."

Junior Nicole Kaspi explained why she thought the team played so well, "We were able to execute our plays, make our shots, move the ball well, and defend. Thanks to the coaches, we knew who the other team's best players were and how to shut them down. We were able to stop these players and turn good defense into great offense. We played with energy and focus--executing our game plan to the best of our abilities."

Conant is an out of conference team with a record of 8-15 this season. The girls had not played them



Junior Maggie Murdock as she dribbles down the court in last Saturday's winning game against Conant | **Varsity Views**

before this season. The girls varsity basketball team has had a successful season so far with a record of 15-9 overall.

"Our strengths are our ability to shoot from the outside, our depth and our unselfishness. The players all play really well together and they share the ball extremely well," said Head Coach Teri Rodgers

Symanietz also explained why the team has been able to grow this season and be successful. "We are more of a team than some of the other teams I've been apart of in the past and we are all really close and understand each other in that we all have the same goal in the end."

The team spends six days a week either practicing or in games. Usually, they will have two to three games a week and the rest will be practice.

The Trevians have been able to improve as the season progresses.

Freshmen Ava Zavslasky said "We started off the season losing more games than we had hoped, which caused our whole team to become dedicated to getting better. Almost everyone stays after practice to put in extra work and during practice we are always giving 100%. Along with that, we all try to maintain the right attitude and mentality. The whole team is determined to win every game and everyone's constantly encouraging one another."

Junior Cate Murdock also believes they have made great improvements to their game. She said, "We have definitely gotten better at playing as a group at the beginning of the season it was harder because some of us haven't played together before. Also we've been working on communicating better in recently started doing really good job of that."

The team has two weeks left

until playoffs. In that time, they will play one more away game against Evanston and then two more home games versus Hinsdale Central and Maine South.

After those games the playoffs begin around Feb.13.

Murdock said, "I hope we can win all the games in those two weeks. A big one will be Evanston because we lost last time. I think we can beat them now and I'm really hoping we go far in the playoffs."

"My hope for the rest of the season is that we get as much time together as a group as we possibly can. This team has been an absolute joy to coach and I think all of us will be sad when the season comes to a close. My only hope is that when this season is over we can be proud of how hard we worked in our practices and that we left it all out there during our last game," Duffett said.

Boys wrestling pins competition, takes second

Wrestlers come in second at the Central Suburban League tournament

by *Mack Guthrie*

Earning a distant 201.5 points to Deerfield's 310.5, New Trier wrestling topped ten other schools, including rivals ETHS, to earn second place at the Central Suburban league tournament on Jan 21.

Three New Trier students earned championships, while various other students won second or third place prizes.

Freshman Matt McKenna said, going into the semifinals, "I think we've been doing really well. We've had a lot of pins in the first round."

Despite being a freshman, McKenna has been wrestling since he was in second grade and was able to make varsity as a freshman. McKenna scored sixth place in the 120 weight class.

Going into the semifinals, senior Nick Elias was similarly optimistic and said he was not nervous. He added "We have a lot of kids in the semi-finals, and we are one-for-one, one kid win, one kid lose." Elias earned fourth place, after an upsetting cancellation championship which left the coaches and teammates on their feet in protest.

Elias Faced Glenbrook North



Patrick Ryam (left), Jack Tangen, Coach Tadelman and Jake Lowell (right) pose after wrestling matches | **Lowell**

for third place, and after the first two rounds ended 0-0, and the third round ending similarly tied 2-2, the match was thrown into overtime.

During overtime Elias was caught in a spladle hold, and though he eventually escaped, the referee called it for GBS, because overtime is sudden death. New Trier coaches started yelling, arguing that he had in fact escaped within the necessary time.

Despite such setbacks, many wrestlers on the team performed very well, according to junior Joey Klingler.

Junior Patrick Ryan won his championship in his weight class. Though Ryan started the final match

ahead 2-0, by the end of the third round, with less than 30 seconds left in the final round, it was tied 3-3.

In an exciting finish, Ryan was pinned but broke free earning 1 point. He then pinned his Deerfield opponent for ten seconds, winning the match 6-3.

Additionally, senior Jake Lowell won his second championship in the 195 weight class. He earned a victory, finishing the match with 15 points to his Deerfield opponent's 2.

"New Trier did pretty well," Klingler said. "Coach set expectations pretty high, but I think he's satisfied. Everybody wrestled pretty well."

"We had three champs. Jakob Lowell got his second in a row,

Jack Tangen and Patrick Ryan got their first championship. They were second last year. Anytime you can win any titles is good," said head coach Marc Tadelman.

Tadelman summarized the team's performance saying "We wrestled as hard as we can."

Many wrestlers on the team seemed optimistic and excited about the team's prospects heading into the end of the season and state competition.

When asked about the team's prospects heading into the end of the season, Tadelman said "we just got to keep working hard, make a few adjustments and we'll be ready to go."